

## **SIR C.R.REDDY COLLEGE FOR WOMEN**

### **PSYCHOLOGICAL COUNSELING CELL**

#### **“Learning Skills and Brain Mapping”**

Psychological Counseling Cell in collaboration with Centre For Human Excellence and Premalayam in association with IQAC and Unnat Bharath Abhiyan organized a program on Learning Skills and Brain Mapping” on 19<sup>th</sup> April 2024 from 1.30pm to 4.30pm at Seminar hall. Resource person was Dr.Prathyusha Subbarao, Motivational Psychologist. I B.Sc students attended the program.

Smt. K.Suseela, Department of Computer Science, invited the Guest. Smt.P.Sailaja, Principal addressed the gathering and also said a few words about the chief guest. She also said that I hope you have to listen very attentively and try to practice them thoroughly.

Venkatesh Guriji from Centre for Human Excellence and Premalayam expressed to the students that if you need to achieve your goals you need a lot of concentration and attention on your studies.

Krishnayya garu shared his knowledge about attitude and behaviour , What is Life? We should develop positive attitude in our Life.

The Chief Guest, Dr.Prathyusha Subbarao said that the mind is nothing but state of your thought

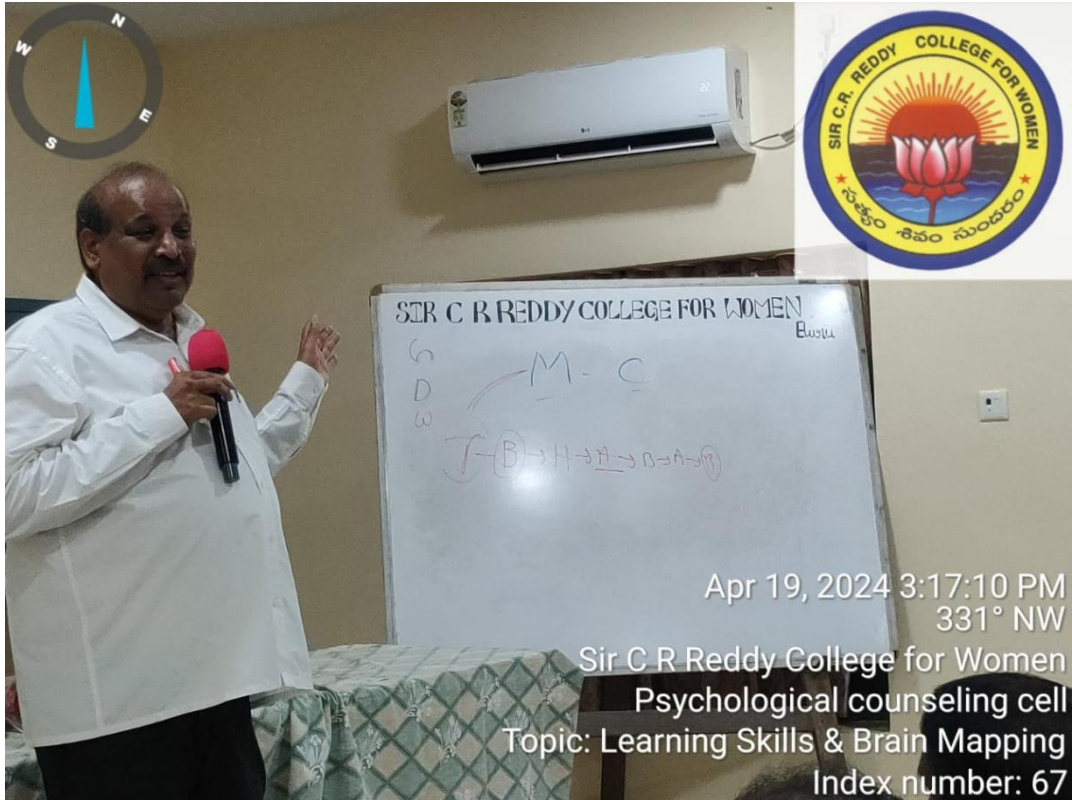
#### **Thought-Believe-Habits-Attitude-Behavior-Action-Result**

He gave encouraging examples from his life and inspired students. He discussed about various perspective of life to change the mindset towards the goals. He also said to inject powerful thoughts to your mind such as

- I am powerful
- I am Excellent
- I can do anything

Y.Yamini from Computer science section –II delivered a heartfelt Vote of thanks.

Psychological counseling cell members felicitated the Guest.



Apr 19, 2024 3:17:10 PM  
331° NW  
Sir C R Reddy College for Women  
Psychological counseling cell  
Topic: Learning Skills & Brain Mapping  
Index number: 67



Apr 19, 2024 3:54:02 PM  
65° NE  
Sir C R Reddy College for Women  
Psychological counseling cell  
Topic: Learning Skills & Brain Mapping  
Index number: 77